



## Embedding Opportunities: Decreasing the Brain Drain!

### Here's the plan...

- Break your group into teams of 4-5 folks and identify one person as a recorder.
- Use the Round Robin group process (go from 1 person to the next, the next and so on until you have completed the round... then go again!)
- Identify a common daily routine- 1 per team meeting... set a time limit... (5-10 minutes should do for the teams to work and another 5 to share with the rest of the group.)

The team member must tell the recorder the child's outcome and how it can be embedded in the routine. Then the team members go around the table identifying other outcomes that could be addressed or ways it could be modified to increase opportunities... or other routines the ideas could be included in as well!

### Suggestions for the common routines include:

- Picking up the house (or toys!) • Car travel • Grocery shopping • Singing/Dancing with TV, radio, or music toys • Getting the mail • Setting the table • Or... favorites from the team!

### Example:

**Initial Outcomes for Child: Pull to stand, cruise, gesture to give or show, vocalize, follow simple directions**

#### Routine: Picking up the toys

At least three times a day, Mom picks up Kayly's toys because the family room gets so cluttered no one else has any space. So far, she has just done it for Kayly but asks for suggestions on how to get her involved.

**Team member 1 (Early Interventionist):** Kayly is working on pulling to stand... so Mom puts the toy bucket on the couch (or coffee table) where Kayly can pull up and they put toys in the bucket before leaving the family room to go outside to play or to get ready for bath time - both favorite activities.

**Next team member (SLP):** To provide opportunities for communication skills, mom could take turns with Kayly putting toys in, labeling them (or activating the action toys!)

**Next team member (PT):** Mom could move the toy bucket from the couch over to another surface where Kayly could pull up to stand again... don't take all the toys to Kayly but have her come for some too!

**Next team member (Mom):** When the toys are picked up (if ever!), We can proceed to the laundry area to put clothes in the laundry basket or the bath tub to get the toys ready for a bath!

### Now you try!

**Routine:** \_\_\_\_\_ **Initial Outcomes:** \_\_\_\_\_

**Team member:** \_\_\_\_\_

**Team member:** \_\_\_\_\_

**Team member:** \_\_\_\_\_

**Team member:** \_\_\_\_\_

**Team member:** \_\_\_\_\_